



The background features a 3D rendering of two black oil barrels on the left side. The barrel in the foreground is larger and has a white oil drop logo on its side. Behind it is another barrel. The background is a light blue grid with a red line graph that starts high on the left and trends downwards towards the bottom right, with some minor fluctuations. The text is overlaid on this background.


OIL Sends A

"Crude Warning"

Real Investment Report

-
- ***Oil Sends A "Crude Warning"***
 - ***Daily, Weekly, Monthly View***
 - ***Sector & Market Analysis***
 - ***401k Plan Manager***

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**REAL
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ADVICE**

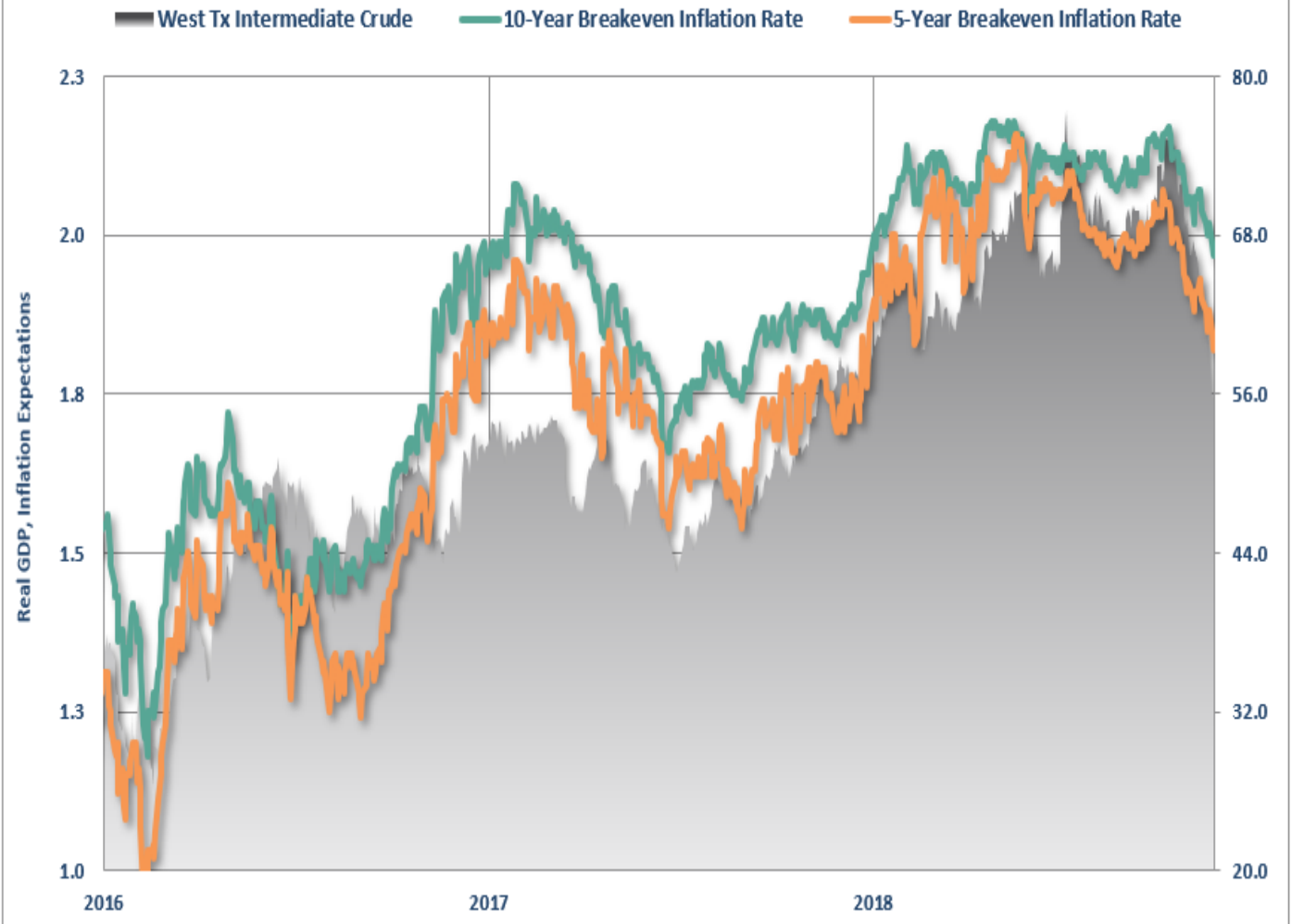
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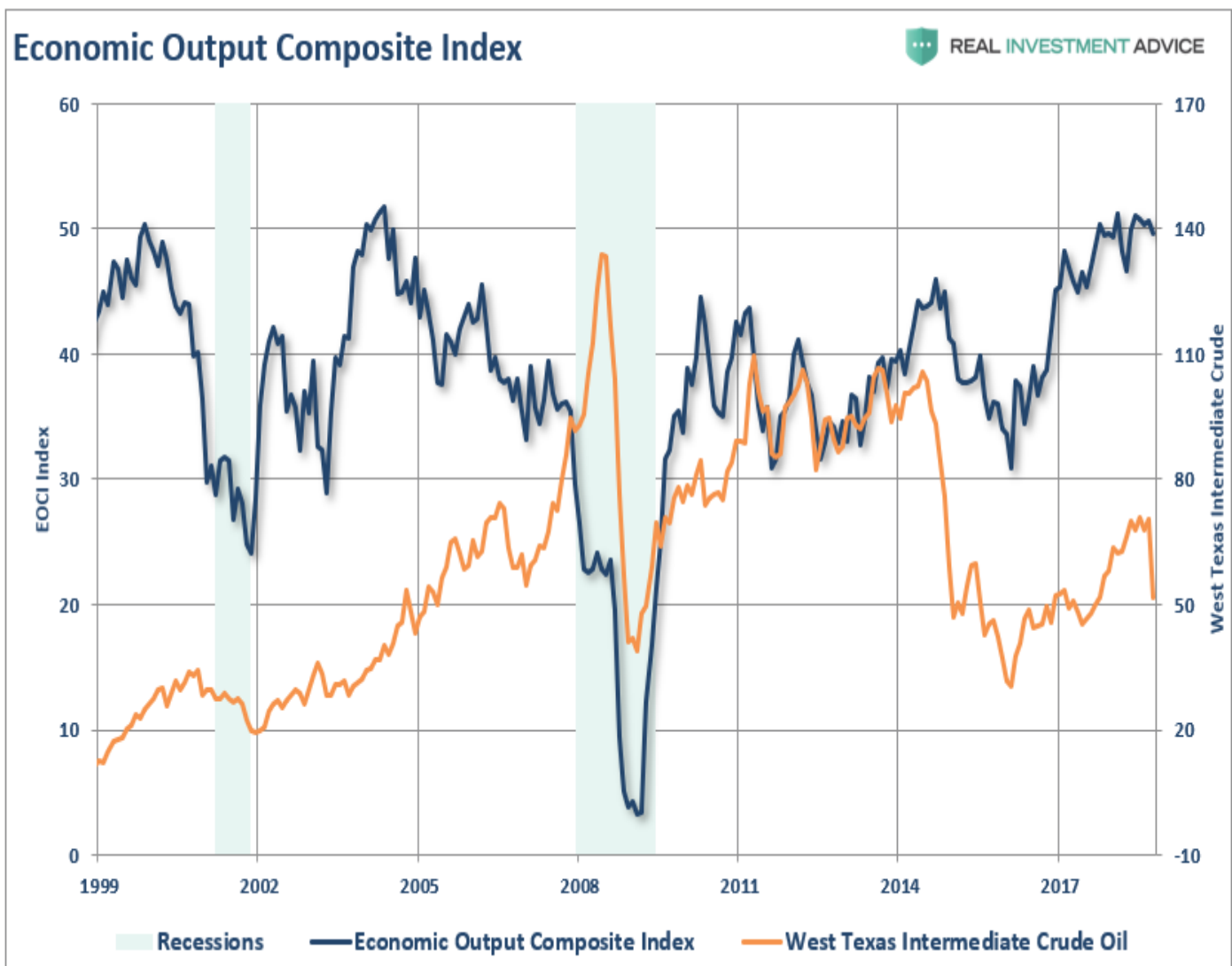
Oil Sends A "Crude Warning"

As with many Americans, I am on the road with the family making the traditional holiday rounds. Of course, my family is more *"The Griswolds"* than *"The Waltons"*.•but even with all of the antics, comedy, and occasional drama, it is always an enjoyable time of the year. However, I did wake up from my tryptophan-induced coma long enough to pen a few thoughts on the crash in crude oil and the message it is sending. On Monday, I am publishing an article on **the fallacy that "falling energy prices are an economic boost."**•It isn't, and we dig into all the reasons why in that article. However, the short version is that oil prices are a reflection of supply and demand. Global demand has already been falling for the last several months and oil prices are now waking up that reality. **More importantly, falling oil prices are going to put the Fed in a very tough position in the next couple of months as the expected surge in inflationary pressures, in order to justify higher rates, once again fails to appear.**•The chart below shows breakeven 5-year and 10-year inflation rates versus oil prices.

Breakeven Inflation Rates Vs. Oil



Oil prices also tend to lead the broad economic cycle as well. The chart below is one of the broadest measures of economic activity and is comprised of leading economic indicators, Fed regional manufacturing surveys, NFIB small business survey, ISM, CFNAI, and Chicago PMI.



Since most of the economic data we look at is trailing, and subject to heavy negative revisions, the collapse in oil prices suggests that coming economic reports will likely be materially weaker than currently expected.

Can I Have A Side Of Debt

But there is another enormous problem currently for the oil and gas sector currently at risk - the debt. For the last few years, oil companies have been taking of the extraordinarily low interest rate environment to leverage up to chase marginally productive drilling in high-depletion rate shale wells. **Since energy-related bonds make up about 15% of the high-yield index,** and with a substantial number of corporate bonds on the verge of falling below BBB ratings in the months ahead, the potential impact of falling energy prices (*a reduction in revenue*) and higher borrowing costs is a potential double-whammy to an important sector of the economy.



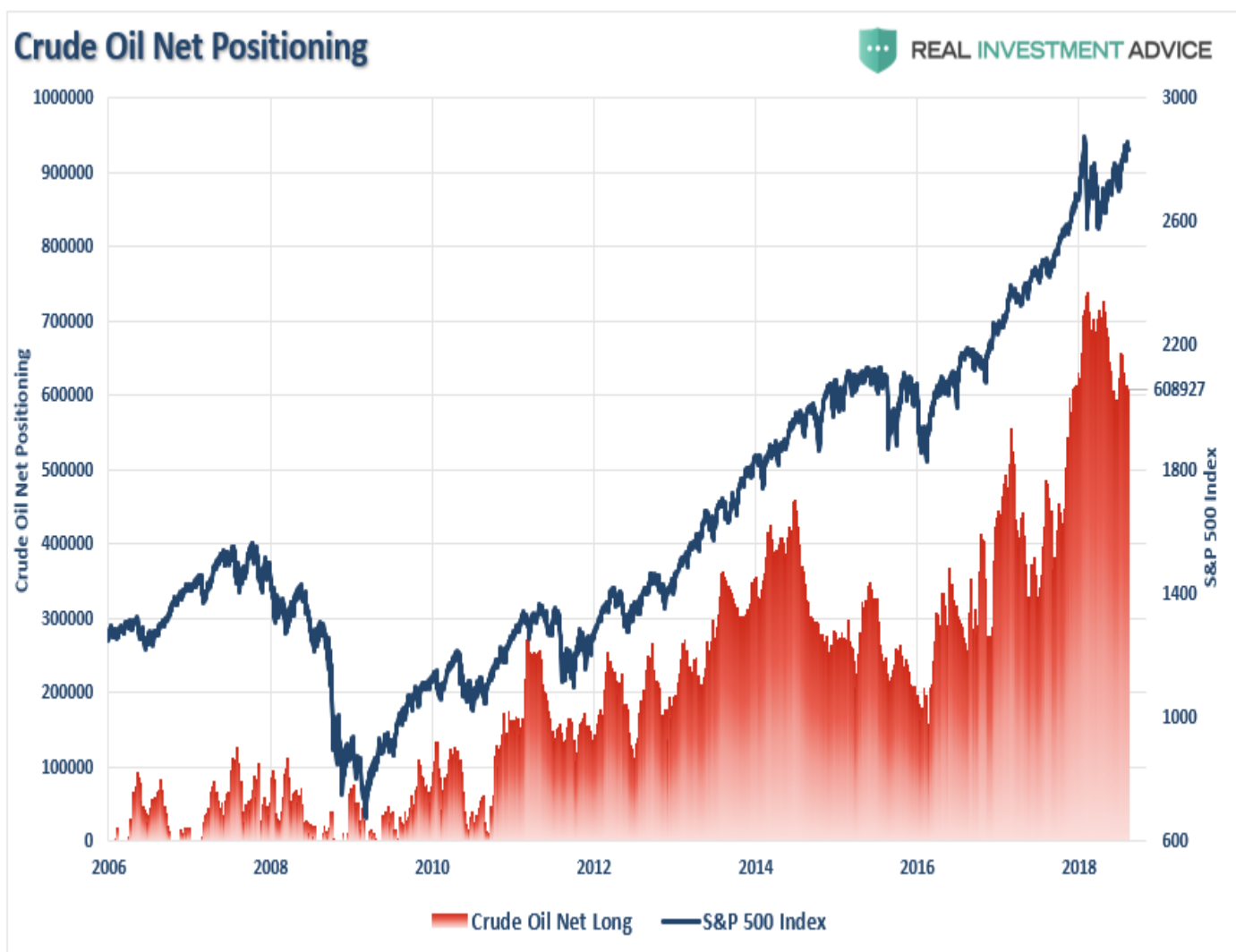
[Mark J. Grant](#) recently made some interesting points on this issue: "Moody's said the amount of U.S. corporate bonds outstanding, rated at its lowest investment-grade level of Baa, rose to a record \$2.83 trillion in the third quarter, topping the \$2.62 trillion in single A corporate bonds and the \$629 billion in outstanding bonds rated Aa or higher. **Within the Baa group, the dollar amount of bonds rated Baa3, Moody's lowest investment grade rating, ballooned by 140% from the fourth quarter of 2007 to a record \$705 billion, in 2018's third quarter.** Here again, the Fed is not helping, as they are driving up borrowing costs for all of these companies, across the board. There is also a danger here to many insurance companies as their credit rating could be downgraded, if more of the bonds that they own are reclassified as 'Junk.' **Here is another 'doom-loop' scenario that is playing itself out as yields rise and now gap out, in many credits, versus Treasuries. Baa3 grade corporate debt outstanding has now reached an 'unprecedented' 56.8% of speculative-grade, or 'junk,' high-yield corporate bonds outstanding.** By comparison, the ratio of outstanding Baa3 rated bonds to high-yield bonds was 32.5% before the 2008-2009 financial crisis, 36.9% before the 2001 recession and 22.2% before the 1990-1991 downturn. Startling figures, no doubt. Moody's stated: Thus, from the perspective of dollar amounts outstanding, **the U.S. investment-grade corporate-bond market is now riskier than it was before each recession since 1981 and possibly all prior downturns through the late 1940s.** Greater uncertainty surrounds the sustainability of corporate earnings growth has adversely affected the performance of medium- and lower-grade bonds. Not since September 2016 has the long-term Baa industrial spread remained above 200 basis points on a recurring basis."

The collapse in oil prices, which is a direct impact to revenue for oil and gas companies, is going to make already nervous lenders even more adverse to lending to the sector. Secondly, demands to shore up credit-lines, increase loan covenants, provide additional collateral, or simply increase borrowing costs could have a materially negative impact on the sector as a whole.

I Warned You

But none of this should really be a surprise - as [I wrote back in August:](#)

"The rise in crude prices from the lows has also been primarily responsible for the uptick in both economic growth and inflationary readings. However, higher oil prices are also a 'double-edged sword' which also acts as an additional tax on consumers as well as corporate profit margins. The push above \$70/bbl led to a massive surge in crude oil speculators chasing price but also provides the 'fuel' for a sharp reversal as well. For investors, it is also worth noting that crude oil positioning is also highly correlated to overall movements of the S&P 500 index and earnings growth. With crude traders currently extremely 'long,' a reversal will likely coincide with both a reversal in the S&P 500 and oil prices being pushed back towards \$55/bbl."



"While oil prices could certainly fall below \$55/bbl for a variety of reasons, there is reasonable support around \$50-55/bbl barring an economic recession"



Since then, that prediction has become a disappointing reality. However, it is critically important that oil holds support at \$50/bbl, otherwise, you are looking at oil prices near \$40/bbl, substantially weaker economic data, and even lower stock market values. Oil prices are just another confirming factor that we have likely edged into a *"bear market"*•and downside risk continues to outweigh upside reward. **Last week, we further reduced equity risk further bringing exposures down to just 40% of our portfolios. On a rally to the 200-dma which fails, we will reduce risk more and add negative hedges to portfolios.**

Daily View

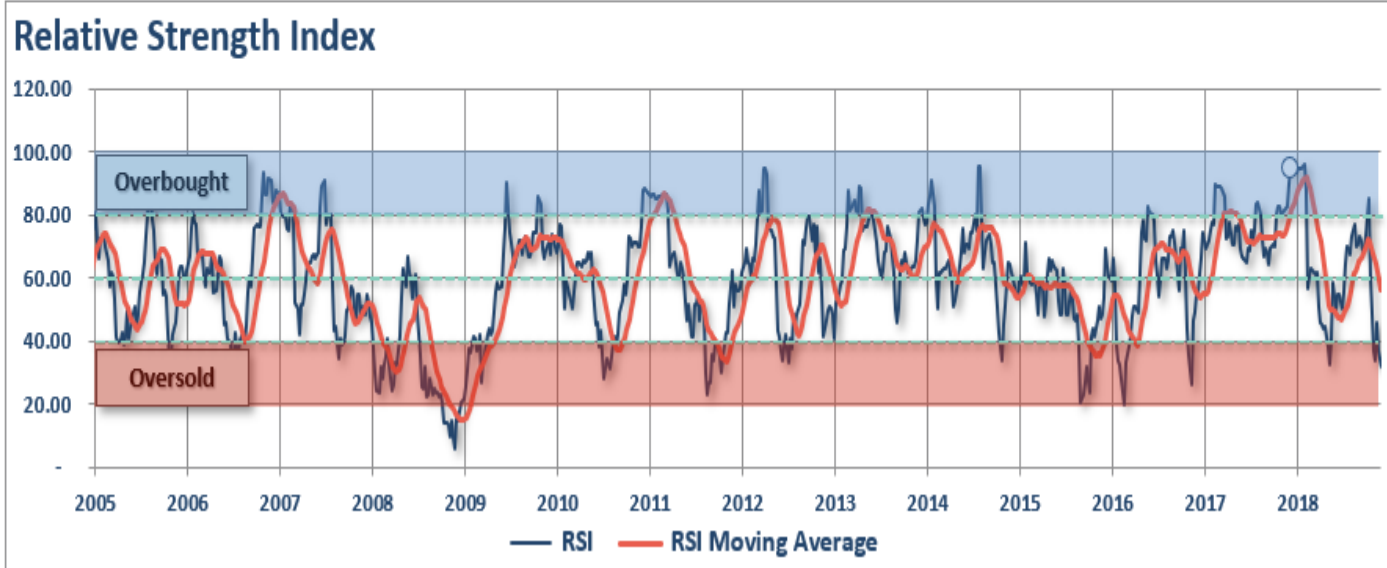
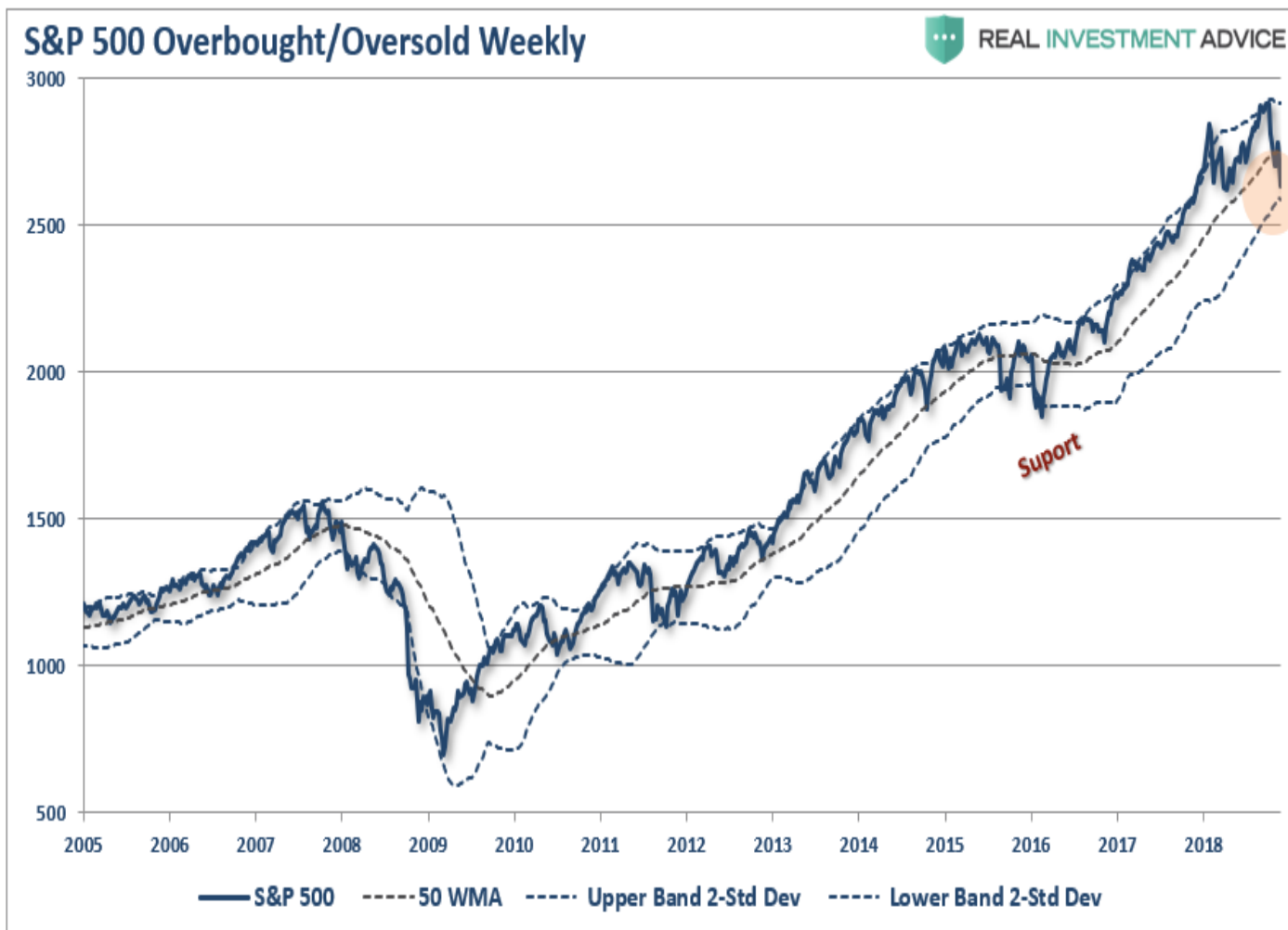
There is little good news to be had this week. The market broke recent lows and will now be looking to retest the lows of earlier this year. With the 50-dma sloping sharply lower and the 200-dma following suit, the backdrop of the market has turned decidedly *"bearish."*•

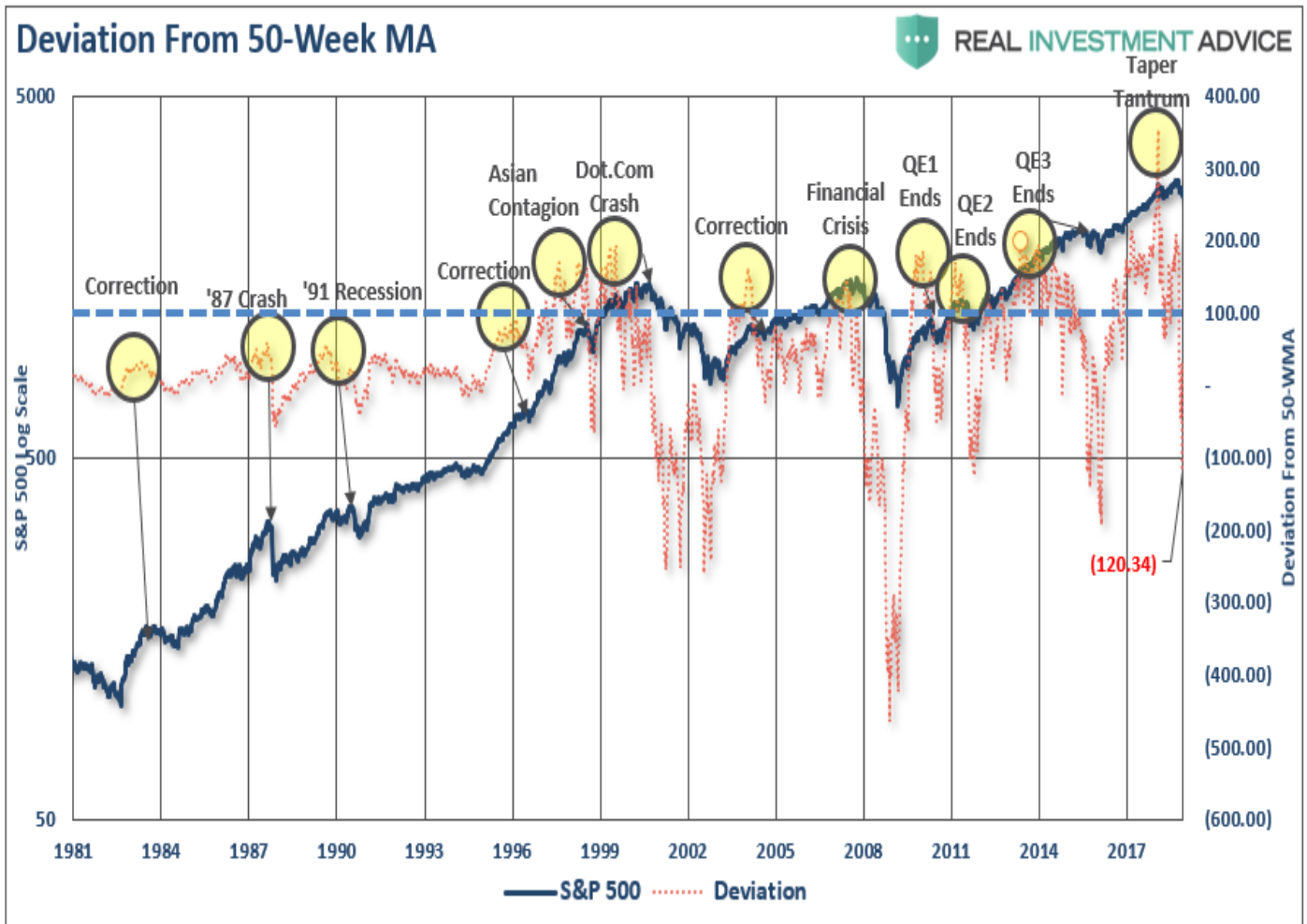


More importantly, and also a negative, is the market is now consistently trading below the 200-dma. This should serve as a warning to investors to reduce equity exposure on rallies and remain hedged until these trends begin to reverse themselves. **Action:**•*After reducing exposure in portfolios previously, we reduced risk further this past week. Sell weak positions into any market strength on Monday.*

Weekly View

As stated previously, since we prefer longer-term holding periods for our positions, we prefer to use weekly and monthly data to reduce the number of signals but reveals the more important overall trends of the market. **On a weekly basis, the market is now extremely oversold on both a relative-strength basis and prices are pushing 2-standard deviations below the 50-week moving average.** As shown below, on a weekly basis, a "sell signal" has been registered for the second time this year suggesting that investors reduce equity risk in portfolios. However, given the extreme oversold conditions of the market, look for a rally through the end of the year to make adjustments to overall risk exposures.





Note that such reversions from prior over-extensions are usually associated with more meaningful market events. However, as I noted on [Tuesday at RIA PRO](#)

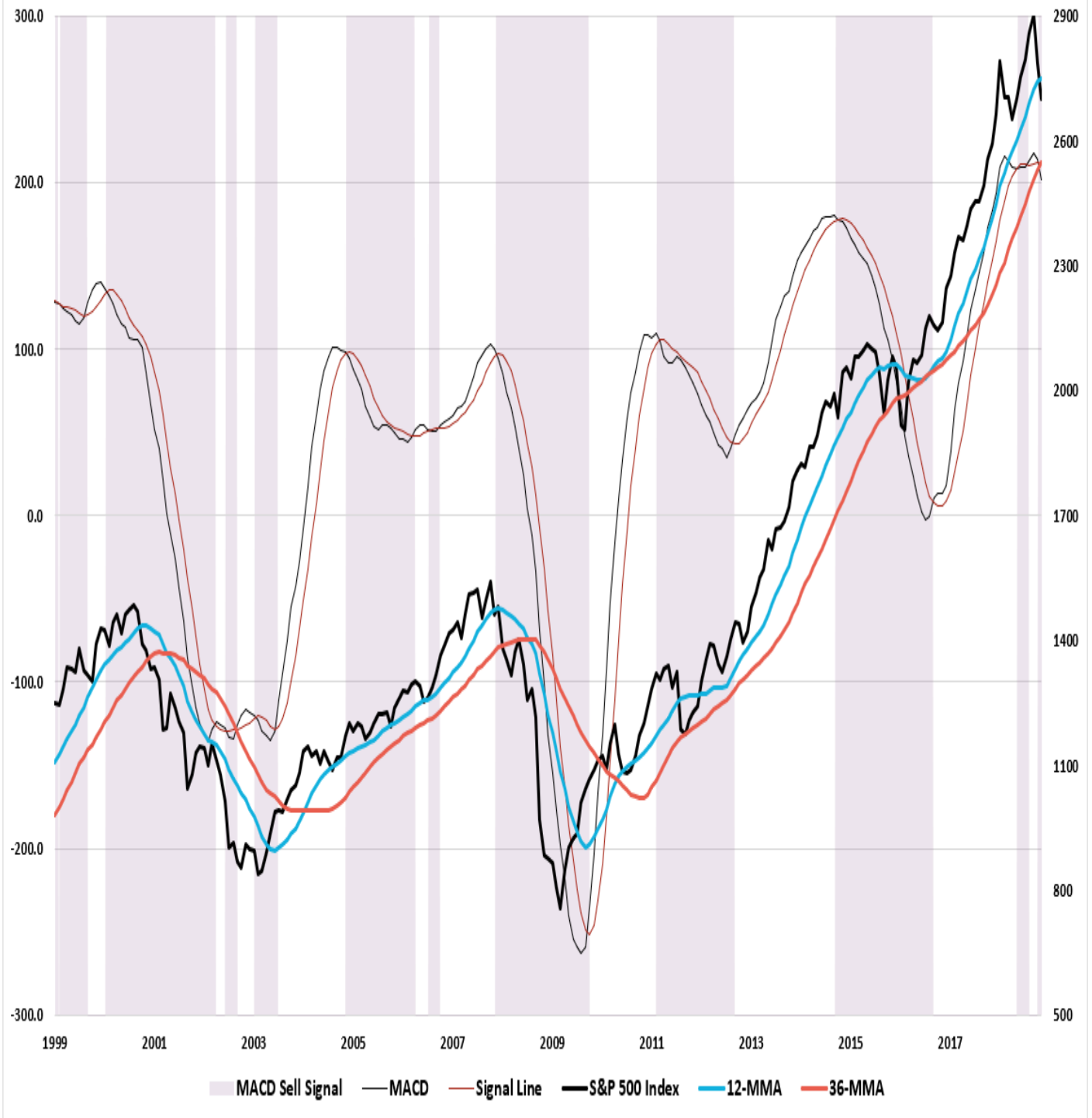
"Currently, the market is oversold and is set up for a short-term bounce. In the next few days, we will look to add a trading position to portfolios for a potential year-end rally. As we have stated previously, we are moving into the 'seasonally strong' period of the year combined with a post-midterm election period which has historically equated to a positive push in the market. However, nothing is guaranteed so the recent changes to portfolios to raise cash, shore up risk, shorten-durations, and increase credit quality all remain prudent actions. Most importantly, while the market will indeed garner a rally over the next couple of months, such will not change the fact that we are in the midst of a substantially more important topping process. The chart below lays out the potential range for a bounce before a continuation of the current decline ensues."

I want to caution you that by the time longer-term sell signals are issued, the market tends to be more extremely oversold and due for a reflexive bounce.•It is still highly advised that bounces be used to reduce equity exposure until there is a definitive improvement in the overall technical backdrop of the market. **Action:** *Sell weak positions into any strength next week.*

Monthly View

Moving back to a monthly view, signals become much slower and much more important. **However, signals are ONLY VALID on the 1st trading day of each month.**•Therefore, while the markets have registered a monthly signal as of this week, it will ONLY be valid if the markets fail to rally enough to reverse it by the end of the month. Nonetheless, the deterioration in the markets is extremely concerning and by slowing the signals down further to crosses of very long-term moving average, the risk to investors becomes much clearer.

S&P 500 12-24 MMA MACD



Action: *Reduce risk on rallies, as detailed above, and look to add hedges. As always, the messages being sent by the market are more than just concerning and suggests that actions be taken to reduce portfolio risk on rallies in the weeks ahead.*

I [warned previously](#) the Fed was likely to hike rates until something broke.

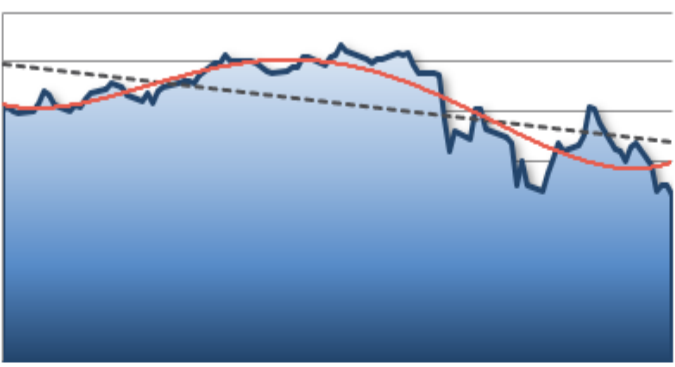
"But one thing is for sure?if something hasn't already broken, it will break soon if rates keep rising. That day may be much sooner than most expect."

It continues to appear that day has come. As always, we will keep you apprised of what we are thinking. You can also follow our actual portfolio models and positioning at [RIA PRO](#). **See you next week.**

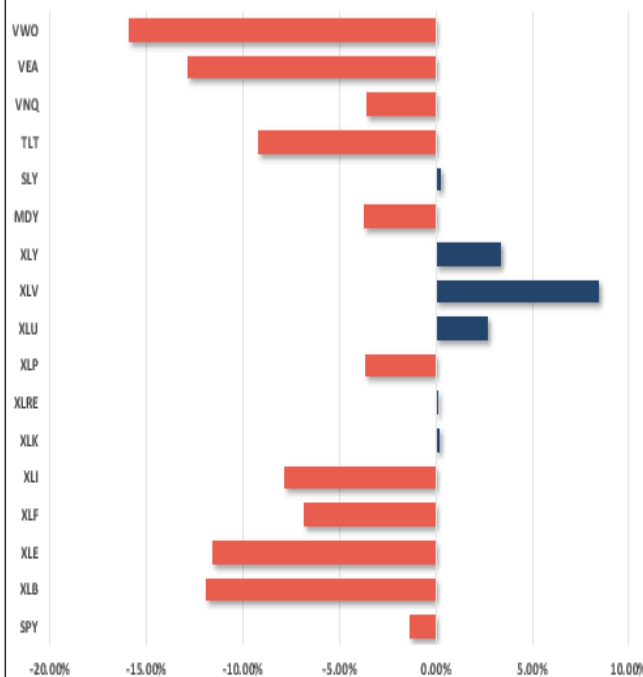
Market & Sector Analysis

Data Analysis Of The Market & Sectors For Traders

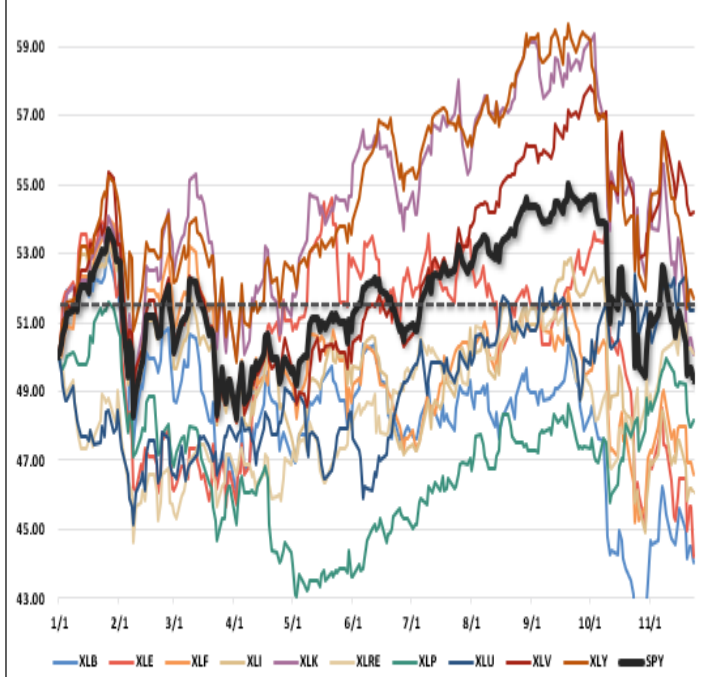
S&P 500 Tear Sheet

3 Month SPY Price									SPY RISK INFO				
									Item	T 2-Yr	T 1-Yr.	YTD	% Diff YTD/T1-YR
									Price Return	19.28%	1.34%	(1.35%)	(200.69%)
									Max Drawdown	-11.76%	-11.76%	-11.76%	0.00%
									Sharpe	0.94	0.22	(0.13)	(1.59)
									Sortino	1.02	0.19	(0.15)	(1.77)
									Volatility	11.48	14.71	15.42	0.05
									Daily VaR-5%	(6.84)	(19.95)	(25.45)	0.28
									Mnthly VaR-5%	0.39	(12.23)	(17.56)	0.44
S&P 500 Fundamental Analysis									S&P 500 Market Cap Analysis				
Item	2 years ago	1 year ago	Current	1 Yr % Change	5 Year High	5 year Low	% From High	% From Low	Item	12-M Ago	Current	% Chg	
Dividend Yield	2.03%	1.82%	1.97%	7.80%	2.16%	1.67%	(8.76%)	18.43%	Shares	2,445.4	2,418.5	(1.10%)	
P/E Ratio	19.42	20.89	17.15	(21.83%)	20.78	16.70	(17.5%)	2.66%	Sales	57,391	62,408	8.74%	
P/S Ratio	2.83	3.29	3.07	(7.38%)	3.52	2.32	(12.78%)	32.02%	SPS	23.5	25.8	9.95%	
P/B Ratio	3.21	3.65	3.74	2.40%	4.14	2.82	(9.76%)	32.42%	Earnings	7,806	9,213	18.02%	
ROE	15.09%	15.92%	18.11%	12.14%	18.11%	15.01%	0.00%	20.67%	EPS TTM	3.7	4.6	23.34%	
ROA	2.83%	2.98%	3.43%	13.25%	3.43%	2.83%	0.00%	21.46%	Dividend	1.4	1.5	9.43%	
S&P 500 Asset Allocation													
Sector	1 Year Price Return	Weight	Beta	P/E	P/E High-5yr (Mo.)	P/E Low-5Yr (Mo.)	P/E % From Peak	ROE	DIV. YIELD	TTM Earnings Yield	Current Forward Earnings	Forward PE	
Energy	(5.54%)	5.65%	1.11	18.20	155.55	12.48	(88.3%)	9.0%	3.4%	6.40%	4.54	13.11	
Materials	(8.39%)	2.68%	1.43	15.05	22.14	13.94	(32.0%)	11.5%	2.2%	6.71%	4.72	13.53	
Industrials	(3.47%)	9.45%	1.06	16.66	22.19	14.77	(24.9%)	15.2%	2.2%	6.28%	5.18	14.82	
Discretionary	8.94%	9.69%	0.90	22.00	27.47	19.96	(19.9%)	27.9%	1.3%	4.78%	4.62	20.06	
Staples	(1.92%)	7.38%	0.54	19.18	22.83	17.43	(16.0%)	25.9%	3.0%	5.50%	3.91	18.41	
Health Care	10.41%	15.47%	0.96	17.15	20.41	15.78	(16.0%)	28.3%	1.7%	6.11%	6.35	15.50	
Financials	(0.57%)	13.84%	1.16	13.03	18.40	11.68	(29.2%)	10.9%	2.1%	7.80%	5.66	11.61	
Technology	3.92%	19.72%	1.25	17.46	21.82	14.45	(20.0%)	37.2%	1.7%	5.78%	5.37	17.25	
Telecom	(3.70%)	9.84%	0.82	18.87	26.97	21.97	(30.0%)	18.3%	1.1%	4.98%	4.93	21.15	
Utilities	(3.19%)	3.17%	0.19	16.86	19.62	14.26	(14.1%)	11.1%	3.4%	6.88%	3.49	16.59	
Real Estate	(1.40%)	2.94%	0.62	18.37	24.47	17.87	(24.9%)	9.4%	3.5%	5.43%	4.25	17.17	
Momentum Analysis													
Item	Price	ROC 50-Days	50-DMA	# Days Since Cross	% Dev 50-Day	200-DMA	# Days Since Cross	% Dev 200-Day	% Dev 50-200 DMA	% From 52-W High	% From 52-W Low	Buy/Sell	
Large Cap	263.25	(9.50%)	278.50	50	(5.47%)	275.94	13	(4.60%)	0.93%	-10.44%	4.08%	Buy	
Mid Cap	332.48	#####	347.29	50	-4.26%	353.44	169	(5.93%)	-1.74%	-11.13%	3.38%	Sell	
Small Cap	66.69	#####	70.48	50	-5.38%	71.47	#N/A	(6.69%)	-1.39%	-14.77%	6.71%	Sell	

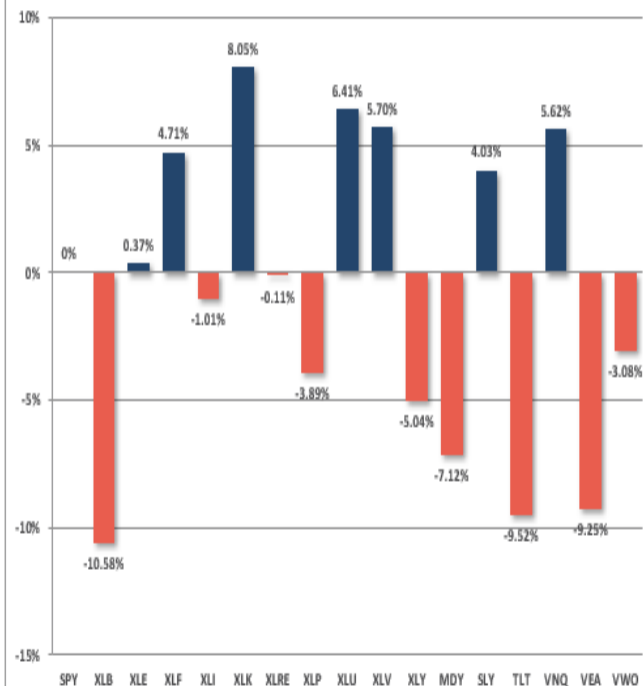
Year To Date Performance



YTD Price - S&P Sectors Recalibrated To \$50/share



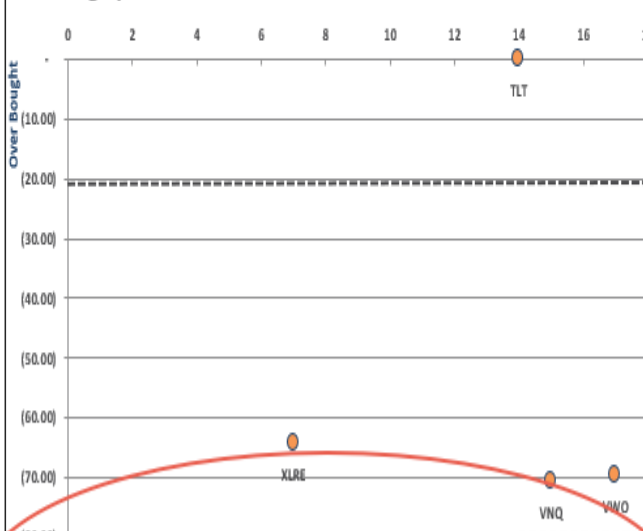
Year To Date Performance Relative To S&P 500



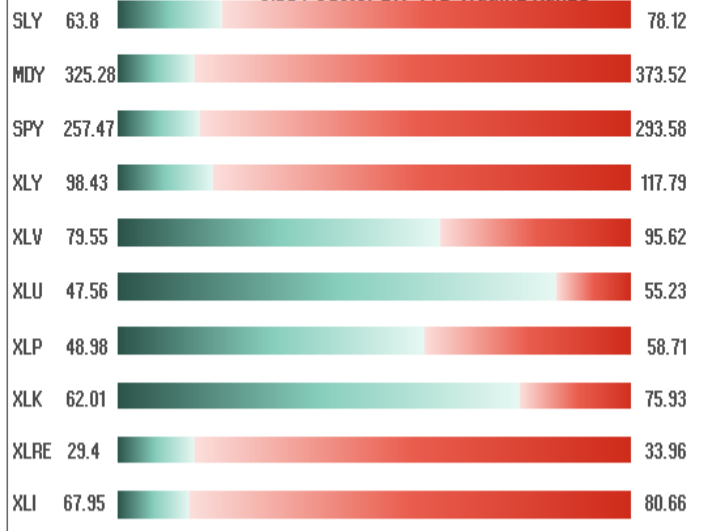
Price Deviation From 50-Day Moving Average



Overbought/Oversold 14-Periods



Size / Sector ETF YTD Trading Range



ETF Model Relative Performance Analysis

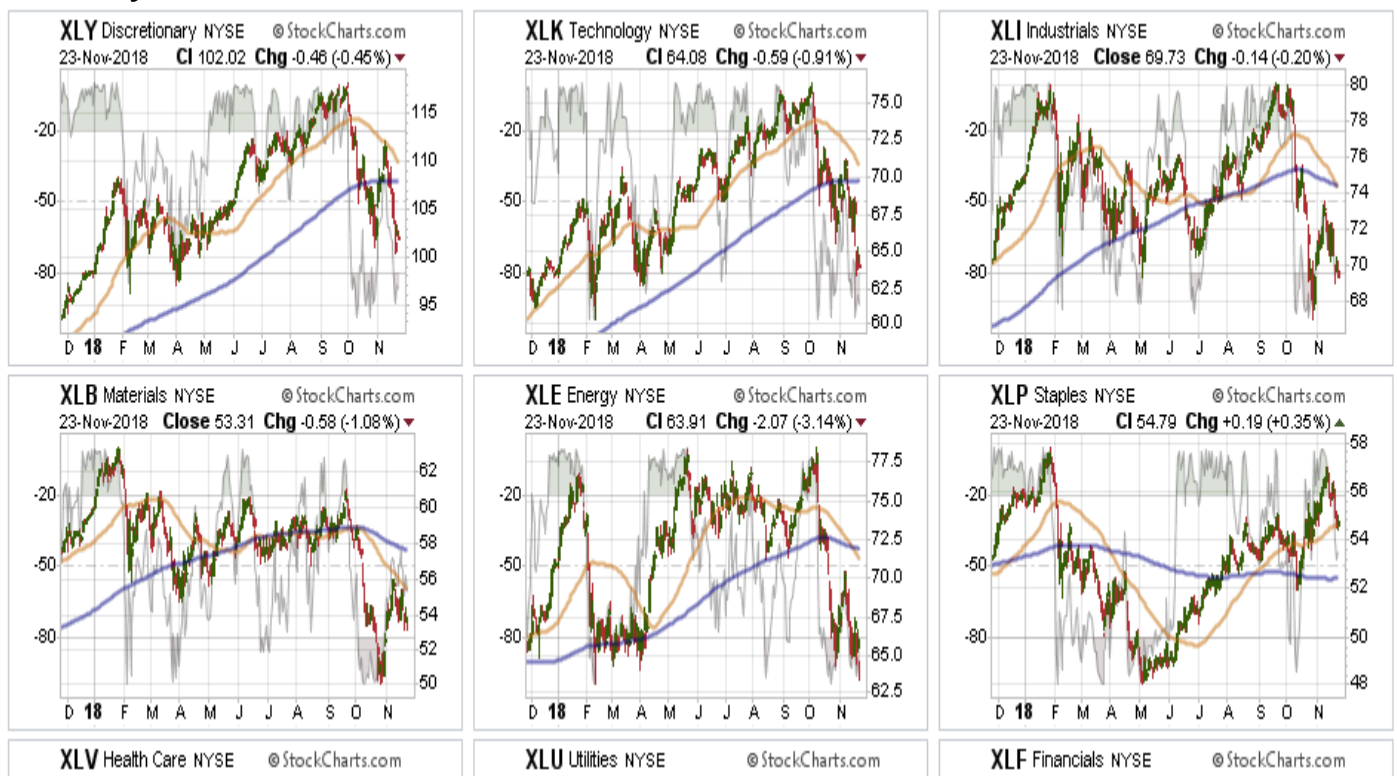
RELATIVE PERFORMANCE		TICKERETF NAME		Current Price	Model Position Price Changes Relative to Index					SHORT WMA	LONG WMA	% DEV - Short M/A	% DEV - Long M/A	Buy / Sell Signal
					1 Week	4 Week	12 Weeks	24 Weeks	52 Weeks					
BENCHMARK		IVV	ISHARS.SP500	265.31	(3.78)	(0.67)	(9.28)	(5.26)	1.23	283.20	278.92	-6.32%	-4.88%	BUY
TACTICAL	SECTORS	XLB	SPDR.MATLS SELS	53.31	0.29	5.49	(0.78)	(7.10)	(10.63)	56.28	57.74	-5.28%	-7.67%	SELL
		XLE	SPDR.EGY SELS	63.91	(1.08)	(3.20)	(4.87)	(11.63)	(7.08)	71.81	73.56	-11.00%	-13.12%	SELL
		XLF	SPDR.FINL SELS	26.00	0.83	3.60	1.05	(2.15)	(2.07)	27.33	27.52	-4.85%	-5.52%	SELL
		XLI	SPDR.INDU SELS	69.73	0.64	1.58	(0.28)	(3.52)	(3.58)	75.00	74.64	-7.03%	-6.58%	BUY
		XLK	SPDR.TECH SELS	64.08	(2.27)	(5.22)	(5.96)	(5.34)	(1.88)	71.57	70.64	-10.47%	-9.29%	BUY
		XLP	SPDR-CONS STPL	54.79	1.52	2.45	11.16	13.05	(1.19)	54.55	52.78	0.43%	3.80%	BUY
		XLU	SPDR-UTIL SELS	54.11	2.38	2.06	10.47	16.39	(4.40)	53.82	52.25	0.53%	3.55%	BUY
		XLC	SPDR-COMM SV SS	42.89	(0.65)	(3.16)	(3.51)			46.95	48.20	-8.66%	-11.02%	SELL
		XLV	SPDR-HLTH CR	89.64	1.17	3.21	5.89	10.67	8.40	92.05	87.68	-2.62%	2.23%	BUY
	XLY	SPDR-CONS DISCR	102.02	(0.31)	(0.67)	(3.49)	(1.93)	6.58	111.24	109.33	-8.29%	-6.68%	BUY	
SIZE	MGK	VANGD-MG CAP GR	110.36	(1.17)	(3.52)	(4.38)	(3.71)	(1.12)	121.95	120.24	-9.50%	-8.22%	BUY	
	IJR	ISHARS-SP SC600	77.08	1.22	1.34	(5.37)	(4.49)	0.05	83.35	83.45	-7.52%	-7.63%	SELL	
CORE	Equal Weight Market	RSP	GUGG-SP5 EQ ETF	98.35	1.06	2.49	1.10	(0.19)	(0.86)	103.50	102.94	-4.97%	-4.46%	BUY
	Dividend	VIG	VANGD-DIV APPRC	103.92	0.58	3.28	4.30	4.37	4.54	107.63	104.97	-3.44%	-1.00%	BUY
	Real Estate	VNQ	VIPERS-REIT	79.98	2.78	4.27	4.43	4.99	(7.08)	80.37	79.69	-0.49%	0.37%	BUY
	International	IDV	ISHARS-INTL SD	30.58	1.83	1.76	3.02	(3.16)	(9.77)	31.82	32.65	-3.90%	-6.33%	SELL
		VWO	VANGD-FTSE EM	38.59	1.26	3.82	1.07	(9.17)	(16.60)	39.71	42.47	-2.81%	-9.13%	SELL
FI	Intermediate Duration	TLT	ISHARS-20+YTB	115.14	4.17	0.80	4.44	1.59	(10.42)	115.95	118.50	-0.70%	-2.83%	SELL
	International	BNDX	VANGD-TTL INT B	54.65	4.00	0.60	9.15	6.26	(2.01)	54.52	54.57	0.25%	0.15%	SELL
	High Yield	HYG	ISHARS-IBX HYCB	82.71	3.11	(1.13)	5.05	1.82	(7.10)	85.14	85.48	-2.85%	-3.25%	SELL
	Cash	BSV	VANGD-SHT TRM B	78.01										

REAL INVESTMENT ADVICE

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Sector & Market Analysis:

Sector-by-Sector



STOCK	YESTERDAY PRICE	PRICE CHANGE	SUPPORT	RESISTANCE	ALERT	LONG TERM TREND
EEM	\$39.74	-0.47 (-1.17%)	39.42	40.14	Crossed Below SMA50	Bearish
EFA	\$61.78	-0.41 (-0.66%)	61.31	62.27		Bearish
GLD	\$115.77	-0.09 (-0.08%)	115.31	116.21		Bearish
IVV	\$265.31	-1.65 (-0.62%)	262.89	268.05	MACD BELOW SIGNAL	Bearish
MDY	\$332.48	-0.52 (-0.16%)	325.65	339.51	Full Gap Down	Bearish
MDY	\$332.48	-0.52 (-0.16%)	325.65	339.51	MACD BELOW SIGNAL	Bearish
RSP	\$98.35	-0.29 (-0.29%)	97.09	99.64	Full Gap Down	Bearish
RSP	\$98.35	-0.29 (-0.29%)	97.09	99.64	MACD BELOW SIGNAL	Bearish
SDY	\$95.07	-0.11 (-0.12%)	93.57	96.57	Full Gap Down	Neutral
SDY	\$95.07	-0.11 (-0.12%)	93.57	96.57	Crossed Below SMA50	Neutral
SDY	\$95.07	-0.11 (-0.12%)	93.57	96.57	MACD BELOW SIGNAL	Neutral
SLY	\$66.69	0.02 (0.03%)	65.12	68.24	Full Gap Down	Bearish
SLY	\$66.69	0.02 (0.03%)	65.12	68.24	MACD BELOW SIGNAL	Bearish
SLY	\$66.69	0.02 (0.03%)	65.12	68.24	Negative Volume	Bearish
TLT	\$115.14	0.12 (0.1%)	114.24	116.22		Bearish


RIA Pro

POSITION ALERTS
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Set Up Your Own Portfolio
 Today And Start Getting
 Actionable Intelligence

Discretionary & Technology Two weeks ago, we noted that both sectors had rallied and failed at important overhead resistance at the 200-dma. ***We also suggested "taking profits and look at the 200-dma support as critical."*** We are currently out of both sectors for now until performance improves. Both sectors are extremely oversold, so look for rallies back to the 200-dma to reduce exposures for now. **Industrials, Materials, Energy, Financials, Communications** -we are currently out of all of these sectors as the technical backdrop remains much more bearish. As noted above, oil prices failed to find support and the entire energy complex remains under pressure. We continue to suggest reducing exposure on any rally next week. **Real Estate, Staples, Healthcare, and Utilities** continue to be bright spots but showed a bit of weakness last week. We continue to watch for an opportunity to increase our weightings in these areas for now. However, if we get into a more protracted bear market, these sectors will not be immune to the decline so caution remains high.



STOCK	YESTERDAY PRICE	PRICE CHANGE	SUPPORT	RESISTANCE	ALERT	LONG TERM TREND
SPY	\$263.34	-1.68 (-0.63%)	260.97	266.13	MACD BELOW SIGNAL	Bearish 🐻
XLB	\$53.31	-0.58 (-1.08%)	52.56	54.12		Bearish 🐻
XLE	\$63.91	-2.07 (-3.14%)	62.25	65.64	MACD BELOW SIGNAL	Very Bearish 🐻
XLF	\$26.0	-0.21 (-0.8%)	25.59	26.46	Full Gap Down	Bearish 🐻
XLI	\$69.73	-0.14 (-0.2%)	68.44	71.05		Bearish 🐻
XLK	\$64.08	-0.59 (-0.91%)	62.92	65.44	Full Gap Down	Bearish 🐻
XLP	\$54.79	0.19 (0.35%)	53.85	55.68		Bullish 🐮
XLRE	\$32.97	-0.12 (-0.36%)	32.44	33.49		Neutral
XLU	\$54.11	0.03 (0.06%)	53.34	54.81	MACD BELOW SIGNAL	Bullish 🐮
XLV	\$89.64	0.13 (0.15%)	87.82	91.42	MACD BELOW SIGNAL	Bullish 🐮
XLY	\$102.02	-0.46 (-0.45%)	101.05	103.18	Full Gap Down	Bearish 🐻
XIV	\$102.02	-0.46 (-0.45%)	101.05	103.18	MACD BELOW SIGNAL	Bearish 🐻

Small-Cap and Mid Cap•- Small-cap followed suit with Mid-caps, as expected, last week registering a macro sell signal as the 50-dma crossed below the 200-dma. After having closed out of our positions in these areas we continue to look for opportunities to reduce risk further on rallies.

Emerging and International Markets•continue to be dragged lower along the underside of their 50-dma's. With a major sell signal in place currently, **there is still no compelling reason to add these markets to portfolios at this time.** The message of global weakness should not be dismissed with respect to the overall market environment.

Dividends, Market, and Equal Weight•- The overall market dynamic has changed for the negative in recent weeks. Currently, Dividends are outperforming Equal and Market Weight indices as the chase for yield and safety has weighed on more aggressive sectors of the market. With the markets extremely oversold on a short-term basis look for rallies to reduce risk further.

Gold•? A sign of life has emerged in the precious metals sector. It is too early to add positions, but the higher bottom put in last week is very encouraging. Also, the stops at \$111 have continued to hold. A break above the highs from a couple of weeks ago will be a trading opportunity so raise stops to \$113 on current holdings. Don't try and front run the trade, with the S&P 500 extremely oversold there is a high probability of a counter-trend rally that would "suck investors" back into the market and out of the "safety" of gold. Be patient.

Bonds• continued to rally last week and broke above the 50-dma. With a short-term buy signal in place, but very overbought, it is not yet time to lay on a trade just yet. A rally in the market will likely pull money, like gold, out of bonds temporarily. However, if bonds are able to test and hold the 50-dma then a trading setup will be likely.

We remain long our core bond holdings for capital preservation purposes but all trading positions are currently closed.

The table below **shows thoughts on specific actions related to the current market environment.**•

(These are not recommendations or solicitations to take any action. This is for informational purposes only related to market extremes and contrarian positioning within portfolios. Use at your own risk and peril.)

						OVERWEIGHT	BUY	HOLD	REDUCE	SELL	Notes
		Over Bought / Sold	50/200 DMA	Trend	Action						
XLY	Discretionary	OS	Warning	Warning	No Position					X	Broke 200-DMA/Reduce
XLK	Technology	OS	Positive	Warning	No Position					X	Broke 200-DMA/Reduce
XLI	Industrials	Neutral	Negative	Negative	No Position					X	Broke 200-DMA/Reduce
XLB	Materials	Neutral	Negative	Negative	No Position					X	Broke 200-DMA/Reduce
XLE	Energy	OS	Negative	Negative	No Position					X	Broke 200-DMA/Reduce
XLP	Staples	Falling	Positive	Positive	Add			X			Add On Pullback
XLV	Health Care	Neutral	Positive	Positive	Add			X			Add On Pullback
XLU	Utilities	OB	Positive	Positive	Hold			X			Hold Current Positions
XLF	Financials	OS	Negative	Negative	No Position					X	Stopped Out
XLC	Telecom	OS	Negative	Negative	No Position			X			No Position / No History
XLRE	Real Estate	OB	Positive	Positive	Hold			X			Hold Current Positions
\$SML	Small Caps	OS	Negative	Negative	No Position					X	No Position
EEM	Emerging Mkt	Neutral	Negative	Negative	No Position					X	No Position
EFA	International	Neutral	Negative	Positive	No Position					X	No Position
GLD	Gold	Neutral	Negative	Negative	No Position					X	Trade Opportunity Forming
MDY	Mid Cap	OS	Negative	Warning	No Position					X	No Position
RSP	SP500 Equal Wgt	Falling	Weakening	Positive	Hold			X			Reduce On Rally
SDY	SP500 Dividend	Neutral	Weakening	Positive	Hold			X			Hold
IVV	SP500 Market Wt	OS	Weakening	Positive	Hold			X			Reduce On Rally
TLT	20+ Yr. Bond	OB	Negative	Negative	Hold			X			No Trading Pos/Buying Ind. Bonds
LEGEND: X = THIS WEEK => PREVIOUS DECLINING <= PREVIOUS IMPROVING							X	No Position			

Portfolio/Client Update:

Overall market action remains troubling, to say the least. The bullish trend longer-term remains intact and more bearish dynamics are rising. However, as repeatedly stated above, the market is EXTREMELY OVERSOLD and we are moving into the seasonal strong end-of-the-year which coincides with a historically positive mid-term election year. Importantly, this DOES NOT mean the bull market is set to resume, it just means that we could have a decent rally, which we will look to opportunistically trade, before the bear market resumes next year. There is no guarantee, of course, that such a rally will come to fruition. It is just weighing probabilities versus possibilities with respect to managing overall risk exposures in portfolios. We remain comfortable holding extra cash right now. Last week, we removed our overweight in Discretionary holdings as we had noted in last weekend's missive would be the case. We are now going to "wait and see" what happens next.

- **New clients:**•We will continue to sell down "out of model" holdings and raise cash on rallies.
- **Equity Model:**•After having sold a bulk of positions over the last couple of weeks, we are maintaining a higher weight in cash. We will be looking for a trading opportunity for a counter-trend rally over the next month.
- **Equity/ETF blended-** Same as with the equity model.
- **ETF Model:** We sold XLY last week. With portfolios carrying a good bit of cash, we are looking for a trading opportunity for a counter-trend rally over the next month.

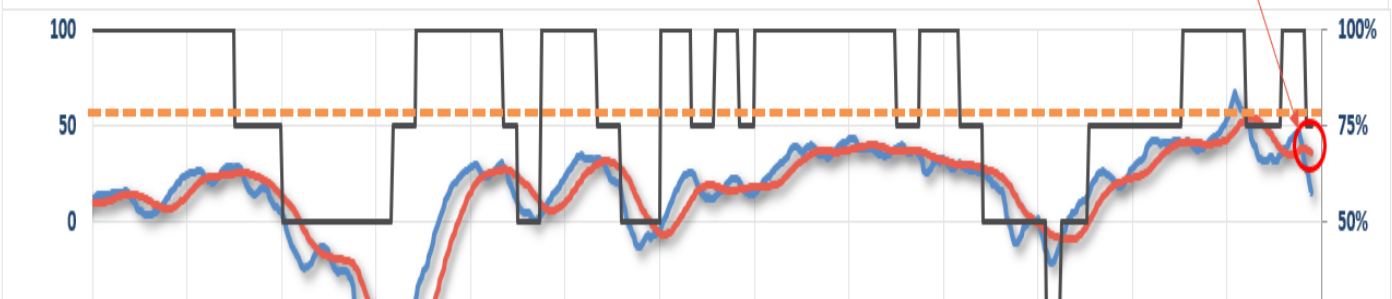
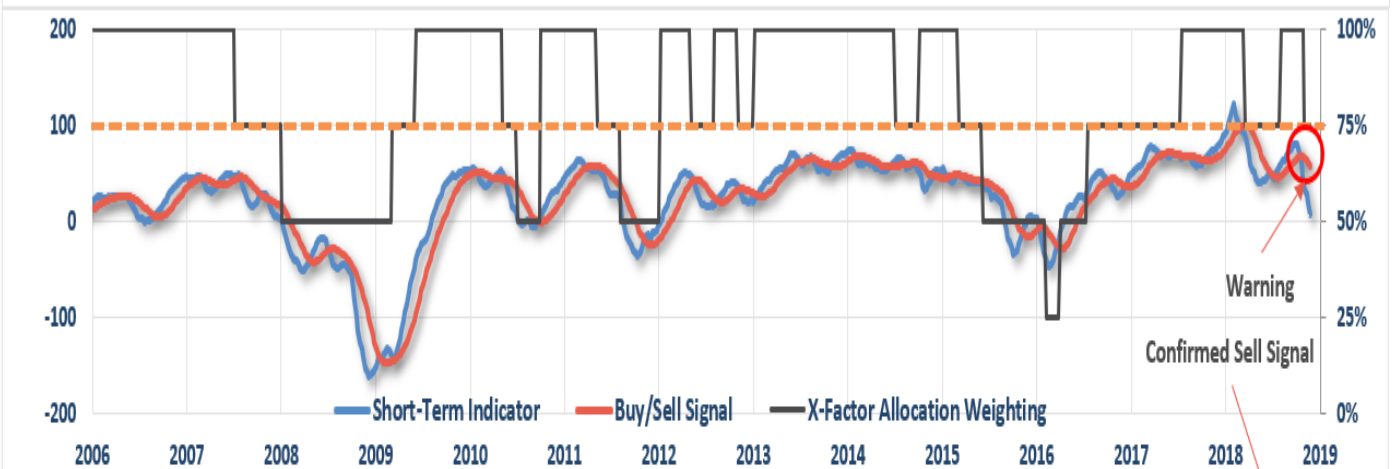
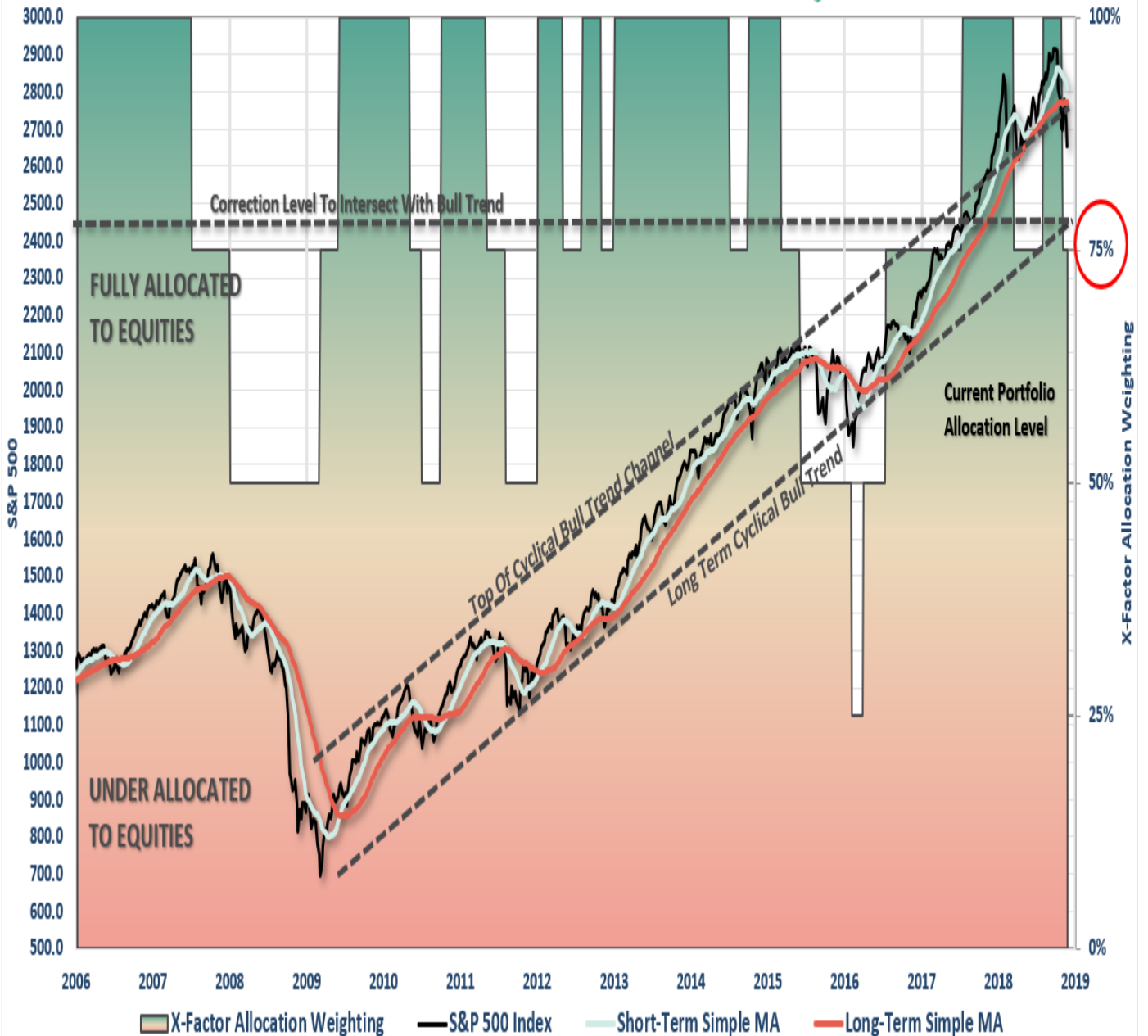
We remain vigilant of the risk currently and are happy to err to the side of caution until a new trend

emerges.

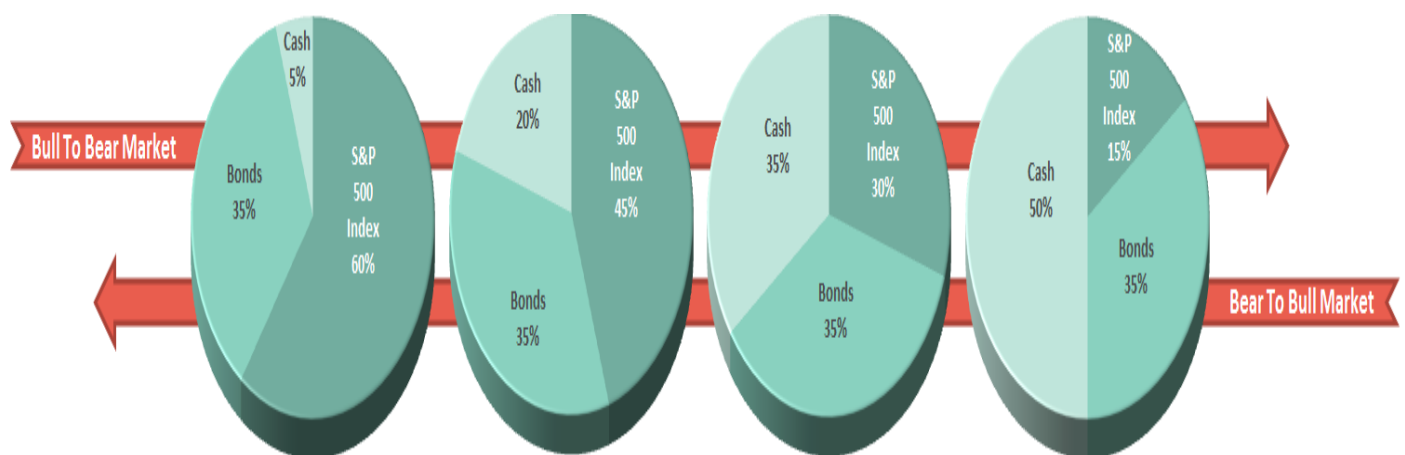
THE REAL 401k PLAN MANAGER

The Real 401k Plan Manager - A Conservative Strategy For Long-Term Investors

Risk Management Analysis



There are 4-steps to allocation changes based on 25% reduction increments. As noted in the chart above a 100% allocation level is equal to 60% stocks. I never advocate being 100% out of the market as it is far too difficult to reverse course when the market changes from a negative to a positive trend. Emotions keep us from taking the correct action.



Looking For A Sellable Rally

Two weeks ago, I stated:

"Next week, it is critically important for the market to rally IF the bulls are going to regain control of the market."

Not only were they unable to muster a rally then, but also failed last week as well, which keeps the bulls in a very weak position currently. We continue to deepen the much more important long-term signal which suggests that we should reduce risk in portfolios even more. However, as repeatedly stated above, the markets are **EXTREMELY OVERSOLD** on a short-term basis AND we are moving into the seasonal strong end-of-the-year, so use rallies to reduce risk accordingly and move portfolios more in line with the model. **We will be looking on a failed rally to overhead resistance to lower the model to 50% of target.** As I noted previously, we have reduced our managed 401k portfolios by another 5%. As long as the market remains in a more negative trend we will continue to use rallies to reduce equity further as needed. Continue to use rallies to reduce risk towards a target level with which you are comfortable. **Remember, this model is not ABSOLUTE - it is just a guide to follow.** Defense remains our primary strategy for 401k-plans currently.

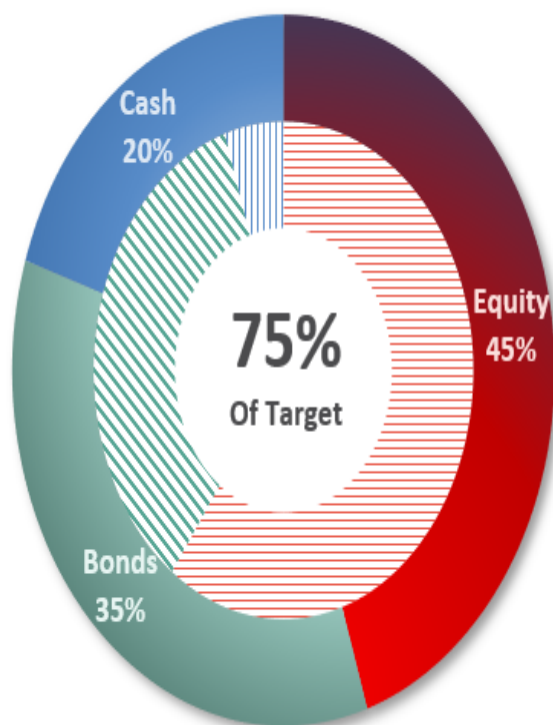
- If you are **overweight equities** - reduce international, emerging market, mid, and small-capitalization funds on any rally next week. Reduce overall portfolio weights to 75% of your selected allocation target.
- If you are **underweight equities** - reduce international, emerging market, mid, and small-capitalization funds on any rally next week but hold everything else for now.
- If you are at **target equity allocations** - reduce overall equity exposure to 75% of your allocation target on any rally next week.

Unfortunately, 401k plans don't offer a lot of flexibility and have trading restrictions in many cases. **Therefore, we have to minimize our movement and try and make sure we are catching major turning points.** Over the next couple of weeks, we will know for certain as to whether more changes need to be done to allocations as we head into the end of the year. If you need help after reading the alert; don't hesitate to [contact me](#).

Current 401-k Allocation Model

The 401k plan allocation plan below follows the K.I.S.S. principle. By keeping the allocation extremely simplified it allows for better control of the allocation and a closer tracking to the benchmark objective over time. *(If you want to make it more complicated you can, however, statistics show that simply adding more funds does not increase performance to any great degree.)*

Current Portfolio Weighting



Current 401k Allocation Model

20.00% Cash + All Future Contributions

Primary concern is the protection of investment capital

Examples: Stable Value, Money Market, Retirement Reserves

35.00% Fixed Income (Bonds)

Bond Funds reflect the direction of interest rates

Examples: Short Duration, Total Return and Real Return Funds

45.00% Equity (Stocks)

The vast majority of funds track an index.

Therefore, select on ONE fund from each category.

Keep it Simple.

10% Equity Income, Balanced or Conservative Allocation

35% Large Cap Growth (S&P 500 Index)

0% International Large Cap Dividend

0% Mid Cap Growth

401k Choice Matching List

The list below shows sample 401k plan funds for each major category. In reality, the majority of funds all track their indices fairly closely. Therefore, if you don't see your exact fund listed, look for a fund that is similar in nature.

Common 401K Plan Holdings By Class

Cash	<i>Stable Value Money Market Retirement Savings Trust Fidelity MIP Fund G-Fund Short Term Bond</i>	Equity Large Cap	<i>Vanguard Total Stock Market Vanguard S&P 500 Index Vanguard Capital Opportunities Vanguard PrimeCap Vanguard Growth Index Fidelity Magellan Fidelity Large Cap Growth Fidelity Blue Chip Fidelity Capital Appreciation Dodge & Cox Stock Hartford Capital Appreciation American Funds AMCAP American Funds Growth Fund Of America Oakmark Growth Fund C-Fund (Common Assets) ALL TARGET DATE FUNDS 2020 or Later</i>
Fixed Income	<i>Pimco Total Return Pimco Real Return Pimco Investment Grade Bond Vanguard Intermediate Bond Vanguard Total Bond Market Babson Bond Fund Lord Abbett Income Fidelity Corporate Bond Western Asset Mortgage Backed Bond Blackrock Total Return Blackrock Intermediate Bond American Funds Bond Fund Of America Dodge & Cox Income Fund Doubleline Total Return F-Fund</i>	Balanced Funds	<i>Vanguard Balanced Index Vanguard Wellington Fund Vanguard Windsor Fund Vanguard Asset Allocation Fidelity Balanced Fund Fidelity Equity Income Fidelity Growth & Income American Funds Balanced American Funds Income Fund ALL TARGET DATE FUNDS 2020 or Sooner</i>
International	<i>American Funds Capital World G&I Vanguard Total International Index Blackrock Global Allocation Fund Fidelity International Growth Fund Dodge & Cox International Invesco International Core Equity Goldman Sachs International Growth Opp.</i>	Small/Mid Cap	<i>Vanguard Mid Cap Growth Fidelity Mid Cap Growth Artisan Mid Cap Goldman Sachs Growth Opportunities Harbor Mid Cap Growth Goldman Sachs Small/Mid Cap Opp. Fidelity Low Price Stock Fund Columbia Acorn US Federated Kaufman Small Cap Invesco Small Cap</i>

The above represents a selection of some of the most common funds found in 401k plans. **If you do not see your SPECIFIC fund listed simply choose one that closely resembles the examples herein.** All funds perform relatively similarly within their respective fund classes.