



Yesterday, on the "*Real Investment Hour*" I spoke with my dear friend [Danielle DiMartino-Booth](#), best selling author of [Fed Up](#), about the recent Federal Reserve policy announcement. Danielle takes a dive into what J. Powell really said in his concise 43-minute statement that most people overlooked. The question remains as to whether the Fed understands what they are doing? Or, are they simply hoping to raise rates far enough away from zero to have room to operate when the next recession comes. Danielle has the answers.